## ORCC Summer '23 Dive Meet Info Sheet

These are the dive meets in which we will be participating this summer. Please check your calendars and <u>return this to a Dive Coach by June 7<sup>th</sup></u>. All dual & tri dive meets have a warm-up time of 5:00 p.m. for 8 & unders and an approximate start time of 5:15 p.m. Older age groups will have warm-ups prior to their competition. Each parent is asked to help during 2 meets (table, awards, etc.-no experience needed-we'll show you how!). Dive meets (dual & trimeets) last between 45-90 minutes depending on the age of the diver and the total number of divers from each team. Dive invitationals are held in the morning and coaches will contact those eligible to participate.

## PLEASE MAKE A COPY/TAKE A PICTURE OF THIS FOR YOUR RECORDS!

Yes	No	June 14 <sup>th</sup>	ORCC @	Blackhawk dual	l meet (	Away)
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- Yes\_\_\_\_ No\_\_\_\_ June 19<sup>th</sup> Syc+FWCC @ **ORCC** tri meet (**HOME**)
- Yes\_\_\_\_ No\_\_\_\_ June 26<sup>th</sup> ORCC @ Poco dual meet (Away)
- Yes\_\_\_\_ No\_\_\_\_ June 27<sup>th</sup> ORCC Synchro Showdown Invite (**HOME**, 9-noon)
- Yes\_\_\_\_ No\_\_\_\_ July 10<sup>th</sup> Arlington Pk @ **ORCC** dual meet (**HOME**)
- Yes\_\_\_\_ No\_\_\_\_ July 11<sup>th</sup> S Flowers Dive Invite (Away-Blackhawk, 8-noon)
- Yes\_\_\_\_ No\_\_\_\_ July 13<sup>th</sup> UNO Dive Invite (Away-Summit MS, 8-noon)
- Yes\_\_\_\_ No\_\_\_\_ July 17<sup>th</sup> Glenaqua @ **ORCC** dual meet (**HOME**)
- YES\_\_\_\_\_ no\_\_\_\_ July 21-22 \*CITY DIVE MEET!!! (@ HPB Nat, age groups+times TBA)

## \*Each diver must compete in at least 2 meets to be eligible to participate in the City Dive Meet.

I, \_\_\_\_\_, will be able to volunteer at the following dive meet(s):

Email address(s) \_\_\_\_\_ Phone #(s) \_\_\_\_\_

Updated 4/23